




**Long  
Valley  
Health  
Center**



**Sign up for text messages!**

Receive appointment reminders on your cell phone.

**It's easy to get these helpful texts!**

## Consent to Receive Text Messages

By signing below, I authorize Long Valley Health Center to contact me by SMS text message for appointment reminders and health related notifications.

I understand that message/data rates may apply to messages sent by Long Valley Health Center under my cell phone plan. I will keep Long Valley Health Center informed of my up-to-date cell phone number.

I know that I am under no obligation to authorize Long Valley Health Center to send me text messages. I may opt-out of receiving these communications at any time by calling 707-984-6131 and speaking with a Patient Service representative.

I understand that text messages are not a substitute for professional or medical attention.

By signing below, I indicate I am the person legally responsible for all use of mobile accounts and that I agree to all terms and conditions of use for the text messaging services.

Yes, sign me up for SMS text messages!

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Preferred Cell Phone #: \_\_\_\_\_

Preferred Language:    English    Spanish

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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